

Face2Face News

Are You an Ant?

By Yuki He, February 2021



As I started my new career, my heart wasn't that peaceful any more and fell into the anxious of unknown future. Every morning, I opened my eyes, the anxiety and desire came back to my mind at the same time. I felt like I did not sleep for the whole night. My brain was so excited and didn't even want to take a break. Even during the Sabbath day, I was restless, couldn't focus and worship the Lord. This situation lasted for about one month. I fell in a circle between anxious and super excitation. One day, I was driving, a voice came out from my heart "whom are you working for?" I pondered the question for a while and a scripture appeared in my mind "Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" (Matthew 6:26 NIV) Immediately I felt peace came back to my heart.

I know this is a reminder from the Lord. He reminds me not to lean on my own strength, but to turn to Him and look upon Jesus. He is the one providing everything for me.

When I turned my eyes away from Jesus and wanted to handle everything by myself, I am like a little ant, using all my power, working very hard, giving all my life for a piece of bread. But the Lord said that my life is more important than food and cloth.

If you are like me, worried and wearied, lost in your daily life, come to Jesus, He knows what you need and will guide you to abundant life.

Praise & Prayer

1. *Praise the Lord that Serena got the work permit. Keep praying for her English test. Ask the Lord give her good memory and clear mind so she can remember what she learned.*
2. *Pray for the students who want to come back for the education will obtain their Visa in time.*
3. *Pray for our worship service which we plan to have in April. Ask the Lord help us work out all the details.*
4. *Pray for the core team that we will keep growing in Jesus, learn to listen to His voice and willing to follow His guidance. Pray for leaders to step up and dedicate themselves to lead small groups and act as mentors for more people.*

Financial Support

1. Make cheque payable to First Alliance Church and write Face2Face to the memo line.
2. EFT: send to give@firstalliancechurch.org, type Face2Face in the message box.
3. Through CanadaHelps: [Click Here](#)